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With Lap Band Surgery, individuals should pursue a lap band surgeon who is well versed in the procedure. Selecting a surgeon who has minimal experience in this area of weight loss can add to the risk of a lap band patient developing complications. Not finding the right lap band surgeon can also lead to having to do follow-up work to get any problems corrected.

A good idea for patients interested in lap band surgery is to do conduct some background research of the prospective lap band surgeon, the number of surgeries he or she has conducted in this field of medicine, and what results he or she has had with prior lap band patients. Locating a lap band surgeon who is very qualified in this weight loss procedure will be the best course of action at for the prospective patient.