

LapBand Surgery

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With lap band surgery, a number of tiny incisions are made and the lap band is placed around the upper portion of the stomach.

The premise behind the lap band is to prevent too much food from being consumed. An individual will still gain the necessary nutrients for their body, without overeating.

One of the many advantages of the lap band is it is adjustable. The lap band is adjusted by increasing or decreasing saline which will inflate or deflate the band. Adjusting the lap band is easily attainable by going to one's lap band doctor's office for a short procedure.

The goal with the lap band is to witness weight loss ranging anywhere from one to three pounds a week. Individual weight loss amounts will differ from patient to patient.

Individuals who undergo lap band surgery will find that they need to adhere to a proper diet, including not consuming certain foods and carbonated beverages.